

Nikolaj Niebuhr



In **February 2011**, I participated in the very famous skialp race: Sellaronda ski marathon (42 km, 2,600 meters altitude, www.sellaronda.it). I have already participated in this race for five times.

In **May 2011**, I took part in the first of three courses of the Italian MTB instructor training.

In **June 2011**, I drove the Sellaronda Hero short route (MTB race, 52 km 2,700 meters altitude, www.sellarondahero.com) for the first time. I have done that twice by now.

October 2012, Trekking, Kilimanjaro 5,895 m.

In the **spring of 2013**, I finished the MTB course: S.I.M.B. Guida Cicloturistica (Italian MTB guide).

June 2013: Mont Blanc on skis (we had to stop at 400 meters below the peak because of too high temperatures).

October 2013: Mera Peak 6,500 meters, Nepal. Ski expedition

10-11 April 2014: Monte Rosa ski trip. Punta Zumstein 4,563 meters, and Corno Nero 4,322 meters, Italy.

01-02 September 2014: Ortles normal route 3,905 meters.

29 September 2014 Gran Vernel the normal route 3200 meters.

26 October 2014 Himlung Himal 7126 meters, Nepal

April 2016 Ski touring Eastern Greenland

25 June 2016 participated the Paraclimbing world cup IFSC

October 2016 Lobuche East Peak 6119 m. Nepal

April - June 2017 Mount Everest 8848 meter, Nepal. I had to stop at 8300 meter (the Balcony)

Sponsorships

I had a cooperation with Neas Energy (Denmark) in the period, spring 2012 to summer 2016.

NEAS ENERGY

On the Everest Expedition in the spring 2017, I had support from these company's:



The North face (Veneto, Italy) has been helping me with equipment from the summer 2014 until today.





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